# Creekside Events – April 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | 1<br>9:00-10:00 Coffee Hour<br>11:30 Senior Dining<br>12:30-2:00 BUNCO | 2<br>9:00 Yoga<br>**10:00 Low Vision Group**<br>10:30 Gentle Fit<br>11:30 Senior Dining | 3<br>9:00 StrongBodies<br>**11:15/12:00 Ecumenical Luncheon & Worship**<br>10:00 Women's Coffee Hour<br>11:30 Senior Dining |
| 6<br>8:00 StrongBodies<br>9:00-10:00 Coffee Hour<br>**10:00-12:00 Card Making**<br>11:30 Senior Dining<br>12:00 Knitting Group | **ELECTION DAY** 7<br>11:30 Senior Dining<br>12:30-2:00 BINGO | 8<br>**8:00-2:00 Foot Care Clinic**<br>9:00-10:00 Coffee Hour<br>11:30 Senior Dining<br>12:30-2:00 BUNCO | 9<br>9:00 Yoga<br>10:30 Gentle Fit<br>11:30 Senior Dining<br>**6:00 Becoming Better Neighbors** | 10<br>**8:00-12:00 Ear Wax Removal**<br>9:00 StrongBodies<br>10:00 Women's Coffee Hour<br>11:30 Senior Dining |
| 13<br>9:00 StrongBodies<br>9:00-10:00 Coffee Hour<br>11:30 Senior Dining<br>12:00 Knitting Group | 14<br>9:00 Yoga<br>10:30 Gentle Fit<br>11:30 Senior Dining<br>12:30-2:00 BINGO | 15<br>9:00-10:00 Coffee Hour<br>11:00 Strong Bodies<br>11:30 Senior Dining<br>12:30-2:00 BUNCO | 16<br>9:00 Yoga<br>10:30 Gentle Fit<br>11:30 Senior Dining<br>**12:00 Genealogy Mtg** | 17<br>10:00 Women's Coffee Hour<br>11:30 Senior Dining |
| 20<br>9:00 StrongBodies<br>9:00-10:00 Coffee Hour<br>**11:00 Creekside Café – Drug Take Back Event**<br>12:00 Knitting Group | 21<br>9:00 Yoga<br>9:00-10:00 Coffee Hour<br>10:30-11:30 Gentle Fit<br>11:30 Senior Dining<br>12:30-2:00 BINGO | 22<br>**8:00-2:00 Foot Care Clinic**<br>9:00-10:00 Coffee Hour<br>9:00 StrongBodies<br>11:30 Senior Dining<br>12:30 BUNCO | 23<br>9:00 Yoga<br>10:30 Gentle Fit<br>11:30 Senior Dining | 24<br>**8:00-5:00 Community Garage Sale @ Creekside (also 4/25 8-12)**<br>10:00 Women's Coffee Hour<br>11:30 Senior Dining |
| 27<br>9:00 StrongBodies (Rm1)<br>9:00-10:00 Coffee Hour<br>11:30 Senior Dining<br>12:00 Knitting Group | 28<br>9:00 Yoga<br>9:00-10:00 Coffee Hour<br>10:30-11:30 Gentle Fit<br>11:30 Senior Dining<br>12:30-2:00 BINGO | 29<br>9:00-10:00 Coffee Hour<br>11:30 Senior Dining<br>12:30-2:00 BUNCO | 30<br>9:00 Yoga<br>10:30 Gentle Fit<br>11:30 Senior Dining | Upcoming Event:<br>**4/24-4/25 Creekside Community Garage Sale**<br>Visit our website or Facebook for more information |

# *Description of Events*

**Bingo** – Come in and join the fun of playing classic Bingo and blackout! Prizes for the winners! $2 suggested donation.

**Bunco** – High and low scores plus most Bunco's will win a prize! $1 suggested donation to play, which goes towards the prize pot.

**Creekside Café** – Held the third Monday of every month (unless otherwise noted). Everyone is welcome for a meal and social time. RSVPs strongly encouraged.

**Creekside Coffee Hour** – Everyone is welcome for coffee, treats and great company and conversation!

**Ear Wax Removal** – Service provided by a Certified Medical Assistant. Professional earwax removal and ear hair trimming. Call Creekside @ 608-882-0407 for an appointment. $40/cash only

**Foot Clinic** – Call Kelly @ (608) 669-8215 for an appointment. Includes foot soak. Please bring two small towels to appointment. Beginning in May 2026, Foot Clinic is $35/regular, $40/diabetic, $15/nails only.

**Gentle Fit** – This class focuses on improving balance, coordination, strength, and flexibility to enhance overall health. Joint-safe exercises that are great if recovering from injury.
***Drop in $4 per class, Punch Cards are available***

**Knitting Group** – Free! Beginners can learn to cast on, knit, purl, and more! If you are already experienced, please come for the coffee and company.

**Low Vision Support Group** – Free! Please call Deen @ 715-315-9970 for more information.

**StrongBodies** – This is a research-proven national program especially for middle-age, and older adults concentrating on strength training and proper nutrition***.***
***Drop in $6 per class, Punch Cards are available***

**Women's Coffee Hour** – Ladies, join us for coffee, treats and a visit with friends!

**Yoga** – Develop awareness, learn basic poses, and discover your natural breath. Great for stress relief and rejuvenation. Perfect for anyone wanting a gentler practice***.***
***Drop in $6 per class, Punch Cards are available***

**Rock County Senior Lunch** – Meal is available to anyone 60+, and no eligible person will be denied a meal. Reservations must be made before noon the prior business day by calling Linda Hardie, Rock County Nutrition Program at (608) 757-5474. Suggested $5 donation appreciated – *THIS PROGRAM IS FOR DELIVERIES or* ***DINE-IN*** *ON MONDAY THRU FRIDAY*